

Express Fitness Urban

Multi-Functional Bench



The Express Fitness Urban Multi-Function Dumbbell Stool features 6 Back Position Adjustments and 3 Seat Position Adjustment so that the seat and back pads can be readjusted into different positions. You can lay it in an inclining, declining, or flat position for both weightlifting and equipment-free exercises such as crunches and curls.

Specifications:

- Dimensions: 990*660*1400mm
- Weight: 36kg
- Material: steel, PU, sponge, recycled cotton