

Express Fitness Urban

Stretch Trainer



The Stretch Trainer is designed to provide a very effective and safe solution for warm-up and cool-down before and after a workout. A proper warm-up before training can activate muscles in advance and enter the training state faster. Not only that, but it can effectively prevent injuries during and after exercise.

Specifications:

- Dimensions: 1270*530*1070mm
- Weight: 51.5kg